

NURSO NOOK

ALL-DAY MENU. GREAT VIBES. GREAT FOOD.

SMALL SNACKS

SOURDOUGH TOAST (GFO/V) \$10.00
WITH CONDIMENTS AND BUTTER

BANANA BREAD (V) \$10.00
TOASTED WITH BUTTER

RAISIN TOAST (V) \$10.00
WITH BUTTER

POTATO CAKES (2) (V) \$3.00

HAM AND CHEESE CROISSANT \$12.00

MELTS

OPEN SOURDOUGH MELT (GFO) \$15.00
CHOOSE FROM: HAM, CHEESE, PINEAPPLE TOMATO OR
AVOCADO.

BAGELS

BAGEL WITH CREAM CHEESE \$12.00

BAGEL WITH CREAM CHEESE, CAPERS AND
SMOKED SALMON \$17.00

REUBEN BAGEL (GFO) \$17.00
EVERYTHING BAGEL, PASTRAMI, SAUERKRAUT,
RUSSIAN DRESSING, SWISS CHEESE, SKEWERED WITH
A PICKLE

EXTRAS: BACON \$5 AVOCADO \$5 HASHBROWN \$3
FRIED EGG \$3 MUSHROOMS \$3

BREAKIE

EGGS ON TOAST (2) (GFO) \$16.00
ON SOURDOUGH WITH BUTTER. SCRAMBLED OR FRIED

BACON & EGG BURGER (GFO) \$16.00
EGG, BACON, CHEESE, TOMATO RELISH, AIOLI

BREAKIE WRAP \$16.00
EGG, BACON, HASHBROWN, BBQ SAUCE, AIOLI ON A BED OF SPINACH

AVOCADO TOAST (VO/GFO) \$19.00
SOURDOUGH WITH SMASHED AVO, PISTACHIO DUKKAH,
BEETROOT AND FETA TAPENADE, MINI TOMATOES AND RADISH

EGGS BENNYISH (VO/GFO) \$24.00
FRIED EGGS ON SPINACH AND TOASTED ENGLISH MUFFINS
WITH HOLLANDAISE SAUCE AND YOUR CHOICE OF HAM,
AVOCADO OR BACON. (CONTAINS SESAME SEEDS)

VEGETARIAN SCRAMBLE (V/GFO) \$18.00
EGG SCRAMBLE WITH CAPSICUM, ONION, MUSHROOMS,
TOMATOES AND CHEESE ON SOURDOUGH TOAST.

MUSHROOMS ON TOAST (VG/GFO) \$18.00
MIXED MUSHROOMS COOKED IN GARLIC AND NUTTELEX

VEGAN BREAKFAST (VG/GFO) \$24.00
VEGAN SAUSAGES, BAKED BEANS, MUSHROOMS, HASH BROWNS AND
AVOCADO WITH SOURDOUGH TOAST.

SAVOURY MINCE (GFO) \$18.00
SAVOURY MINCE WITH SOURDOUGH TOAST
ADD AN EGG +\$3

GLUTEN FREE BREAD +\$3 GLUTEN FREE PANINI +\$4

LIGHTER LUNCH

ACAI BOWL (GFO/V) \$19.00
WITH GRANOLA, FRUITS AND COCONUT.

RICE BOWL (GFO) \$20.00
BROWN RICE, SMOKED SALMON, AVOCADO, CUCUMBER, EDAMAME, PICKLED
CARROT, SESAME SEEDS, SEAWEEED AND TOASTED SESAME DRESSING

SANDWICHES

ITALIAN FOCACCIA (GFO) \$19.00
OLIVE OIL FOCACCIA, SESAME SEEDS, MOZZARELLA, BASIL, PROSCUTTO, OLIVE
TEPANADE

THREE CHEESE TOASTIE (V/GFO) \$16.00
CHEDDAR, SWISS AND MOZZARELLA ON SOURDOUGH SKEWERED WITH A PICKLE

TURKEY TOASTIE (GFO) \$18.00
SHAVED TURKEY, CAMEMBERT, SPINACH AND CRANBERRY ON SOURDOUGH

CLASSIC TOASTIE (GFO) \$17.00
SHREDDED HAM, TOMATO RELISH, SWISS CHEESE, MUSTARD MAYO,
PARMESAN CHEESE SPRINKLE

BURGERS

CHEESE BURGER \$16.00
CHEDDAR, MEAT PATTY, ONIONS, TOMATO RELISH, MUSTARD, PICKLES

VEGAN BURGER \$19.00
VEGAN PATTY, VEGAN CHEESE, TOMATO SAUCE, MUSTARD, PICKLES AND
OLIVE OIL MASSAGED KALE.

CHICKEN BURGER \$18.00
CHICKEN SNITZEL, CHEDDER, OLIVE OIL MASSAGED KALE, AIOLI